## LUNCH

## FRIDAY, MAY 10, 2024

**CHICKEN STRIPS** 



2 strips

**CALORIES** 312

SODIUM 425mg

**PROTEIN** 31g

FAT 17.5g **CARBS** 6g

CHOLESTEROL 97mg

FIBER 1g

**LEMON PEPPER TILAPIA** 



CALORIES 138

**SODIUM** 450mg

**PROTEIN** 21g

**FAT** 6g

CARBS 0g

CHOLESTEROL 48mg

FIBER 0g

CHIK'N STRIPS V





3 strips

**CALORIES** 150

SODIUM 350mg

**PROTEIN** 11g

**FAT** 7**g** 

**CARBS** 12g

**CHOLESTEROL** 0mg

**FIBER** 2g

cashew

MAC & CHEEZE V





gluten-free pasta

CALORIES 405

SODIUM 385mg

**PROTEIN** 20g

**FAT** 11g

**CARBS** 57g

CHOLESTEROL 0mg

FIBER 4g

contains wheat

















